

SPEAKER BIOGRAPHIES

Sarah Hilmer (BScMed(Hons 1) MBBS(Hons) FRACP PhD) is a senior staff specialist geriatrician and head of department of clinical pharmacology at Royal North Shore Hospital (RNSH) and Conjoint Professor of Geriatric Pharmacology at the University of Sydney, Australia. She leads a translational research program in Ageing and Pharmacology at the Kolling Institute. Her clinical, policy, teaching and administrative responsibilities include: practicing clinical pharmacologist and geriatrician, RNSH; teaching medical and pharmacy students and clinicians geriatric medicine and clinical pharmacology; ASCEPT lead for Prescribing Safety Assessment; Member, Medicines Safety Advisory Committee, Australian Commission on Quality and Safety in Healthcare; Chair, NSW Therapeutics Advisory Group (TAG); Chair, NSW Health Drug and Therapeutics Advisory Community of Practice; and Chair, RNSH/Ryde Drug and Therapeutics Committee.

Sarah has broad translational expertise in geriatric pharmacology research assessing the relationship between medication use and geriatric syndromes including frailty, falls and cognitive impairment. Her basic pharmacology research includes studies of hepatic metabolism and drug hepatotoxicity in old age, effects of polypharmacy on frailty, effects of frailty on pharmacokinetics/pharmacodynamics, and effects of anti-ageing interventions on frailty. She has written guidelines and policies to facilitate deprescribing, and led the Australian 'Recommendations for a National Strategic Action Plan to Reduce Inappropriate Polypharmacy'.

She is best known for developing the Drug Burden Index (DBI), a pharmacologic measure of exposure to medications with anticholinergic and sedative effects. She and others internationally have published pharmaco-epidemiologic evaluations of DBI, she has evaluated DBI in a pre-clinical model, has conducted RCTs of DBI as a clinical decision support tool, and implementation studies are underway in hospital and community settings in Australia and internationally.

Dr Shane Jackson has broad clinical, policy and research experience across several areas of pharmacy and healthcare in general. His interests lie in medication safety, quality use of medicines and optimisation of medication use in practice. He is a former National President of the Pharmaceutical Society of Australia and led a number of activities associated within the PSA directed at improving the safe and quality use of medicines. He is currently a policy advisor to the PSA.

Shane is also a practicing community pharmacist, and owner of three community pharmacies in Tasmania and has significant clinical experience in aged care settings. He is a director of Consultant Pharmacy Services – a provider of medication review services in aged care settings.

He has significant academic and research experience having completed a PhD in pharmacy practice and a fellowship with the National Institute of Clinical Studies on translational clinical research.

Daniel Hoyle graduated with a Bachelor of Pharmacy (First class honours) from the University of Tasmania in 2012. After completing his internship at the North West Regional Hospital, Daniel was drawn back to the University of Tasmania to undertake a PhD to examine the clinical outcomes of antipsychotic and benzodiazepine dose reduction associated with the Reducing Use of Sedatives (RedUse) project. He has presented aspects of this research at several national and international conferences and was awarded the prestigious International Psychogeriatrics Association Junior Research Award in Psychogeriatrics in 2019.

Since 2016, Daniel has been employed by the University of Tasmania as a Lecturer in Therapeutics and Pharmacy Practice. In this role, Daniel coordinates and teaches a variety of units within the School of Pharmacy and Pharmacology and School of Medicine.

He also supervises several research students investigating potentially inappropriate prescribing within aged care facilities.

Outside of academia, Daniel enjoys providing medication review services to people based in the community and residential care, and delivering Quality Use of Medicine activities to several residential aged care facilities based in Southern Tasmania.

Debbie Rigby is an Advanced Practice Pharmacist with postgraduate qualifications in clinical pharmacy, geriatrics and respiratory medicine. Debbie is a Director of NPS MedicineWise and a past Vice-President of PSA. She currently conducts Home Medicine Reviews and provides medicines education to pharmacists, nurses, GPs and other health professionals through her company Pharmeducation. For her passion and commitment to the pharmacy profession and quality use of medicines, Debbie has received numerous awards including PSA Pharmacist of the Year, the inaugural AACP Consultant Pharmacist of the Year, and SHPA Clinical Pharmacy Award.

Dr Manya Angley is a registered pharmacist, an accredited pharmacist and an Advanced Practice Pharmacist. She held academic appointments (teaching and research) in the School of Pharmacy and Medical Sciences, University of South Australia from 1990 to 2010 and was an UniSA adjunct senior research fellow 2010-2019. Her research has mainly focused on continuity of care and medication management in developmental disorders. Early in 2010 she established Manya Angley Research and Consulting (MARAC). Through her consultancy she works as a general practice pharmacist at East Adelaide Health Care where her primary role is to conduct medication reviews. MARAC holds contracts to deliver Quality Use of Medicines Services and Residential Medication Management Reviews at various aged care facilities across metropolitan Adelaide. She has a special interest in delivering best health care to people with intellectual disability and also provides Home Medicines Reviews to this vulnerable and underserved population.

Joy Gailer B Pharm, Dip Hosp Pharm, FPSA, BCPS, Adv Pract Pharm

Joy is a credentialed Advanced Practice Pharmacist with the Drug and Therapeutics Information Service (DATIS), and the practice support clinical pharmacist at Chandlers Hill Surgery. She is passionate about assisting general practitioners and their patients in making the best possible choice about medicines, promoting the safe and quality use of medicines and patient-centred care.

Dr Jenny Gowan PhD, Grad Dip Comm Pharm, PhC, FACPP, FPS, AACPA, MSHPA

Jenny is a practicing pharmacist, a Teaching Associate at Monash University and Clinical Associate at RMIT university. She is a current member of the PSA Branch committee, Editorial Board Member of AUS-DI (Drug information), Guidelines Committee for the National Asthma Council Australian Asthma Handbook, and RACGP Silver book for Aged Care.

Jenny is an accredited consultant pharmacist, and conducts her own company focussing on medication reviews in the home and Aged Care Facilities as well as Quality Use of Medicine consultancy. She works regularly in community pharmacy plus sessions in a GP clinic at a Community Health Centre. Jenny has published over 380 educational articles and presents hundreds of talks annually.

In 2010 Jenny received the Sanofi-Aventis award by the University of Sydney, in 2013, PSA Australian Pharmacist of the Year and 2016 Jenny was the AACP-MIMs Consultant Pharmacist of the Year.

Jayne Lehmann is the Director of EdHealth Australia and graduated from Flinders University with a Diploma of Applied Science (Nursing) in 1984. After completing her Graduate Nurse Program at Flinders Medical Centre in Bedford Park, South Australia, Jayne began her clinical career working with people with diabetes in 1985.

In 1996 Jayne started EdHealth Australia, a diabetes care and education business that has enabled her to broaden the reach and depth of her work.

Jayne's professional leadership is extensive. Active involvement in the Australian Diabetes Educator's Association has seen her appointed to a broad range of positions and committees in South Australia and nationally. Jayne also worked with colleagues to set-up and convene the ADEA Private Practice Special Interest group. The Australian Diabetes Educator journal evolved from a newsletter to journal under Jayne's eight year as Managing Editor of the publication.

Jayne is currently a member of the Intellectual Disability Health Round table convened by Commonwealth Health Minister, Hon. Greg Hunt, in 2019; a member of the South Australian Community Visitor's Scheme; ADEA Nursing Diabetes Framework Expert Advisory Group and SA Health Disease Prevention, Health Promotion and Population Health Committee.

Jayne was announced as the Credentialed Diabetes Educator of the Year for South Australia in August 2017. The Australian Diabetes Educators Association awarded Jayne with Honorary Life Membership in 2018 for her outstanding and innovative contribution across diabetes and the disability sectors.

Kirriily Chambers is a credentialed diabetes educator with a special interest in insulin pump therapy. She is also a consultant pharmacist with a diploma in nutritional pharmacy. Her special interests include management of type 1 diabetes, CGM, insulin pump therapy, type 2 diabetes, insulin initiation and titration, and medication management. In 2016 she received the National Diabetes Educator of the Year Award.

Professor Jeff Hughes Chief Scientific Officer PhD, MPS

Jeff is a professor in the School of Pharmacy, Curtin University in Western Australia. Jeff served as the Head of the School of Pharmacy of Curtin University, from March 2009 to May 2014. Jeff is one of the team who invented the ePAT App and since March 2015 has been the CEO of ePAT.

He is recognised as a leader in clinical pharmacy research, education and practice in Australia. He was the recipient of the 1998 Society of Hospital Pharmacists of Australia's (SHPA) Glaxo Medal of Merit and in 2001 received SHPA's Clinical Pharmacy award. Further, in 2004 his efforts in the areas of clinical pharmacy education and pharmacy research were acknowledged when he was named the Pharmaceutical Society of Australia's (PSA) Pharmacist of the Year. More recently he received the 2008 Eric Kirk Memorial Award from the Pharmaceutical Society of Western Australia, the 2009 AACP-Pfizer Consultant Pharmacist Award and the 2014 Australasian Pharmaceutical Sciences Association Medal.

Jeff is currently a Director of the Pharmaceutical Society of Western Australia and the Pharmaceutical Society of Australia of which he is the National Vice President and the Chair of the Financial, Audit and Risk Management Committee. Jeff is also a community pharmacy proprietor and a practising accredited pharmacist.

Jeff has contributed significantly to clinical pharmacy education and practice through his role as the Consultant Editor of the "Australian Pharmacy" and editorial membership of the "Journal of Pharmacy Practice and Research". He has also supervised numerous PhD, Masters and Honours candidates to completion and acted as a mentor for early career researchers. Jeff has an extensive publication record contributing to a large number of books (as an author/editor) and articles in peer review and professional journals.

Dr Janet Sluggett BPharm(Hons), GradDipClinEpid, PhD, CertIV TAE, FSHP, MPS, AACPA

Janet is a Senior Research Fellow at the University of South Australia (0.8 FTE), Professional Services Pharmacist at CPIE Pharmacy Services (0.2 FTE), and a Non-executive Director of the Australian MedicAlert Foundation. Janet is an accredited pharmacist with clinical experience across a broad range of settings, including hospital pharmacy, medication reviews, transitional care and aseptic compounding.

Janet is an NHMRC Early Career Fellow and she collaborates closely with aged care providers and the Registry of Senior Australians (ROSA). Her research focuses on using 'Big Data' to maximise the benefits and reduce the risks relating to medicines use among individuals accessing community and residential aged care services. Janet also conducts research to support new models of pharmacy practice in aged care.

Natalie Soulsby has a background working as a clinical pharmacist in the acute sector prior to becoming an accredited pharmacist in 2010. She is now the Head of Clinical Development for Ward Medication Management (WardMM), leading a team of over 25 pharmacists. WardMM is one of the largest providers of consultant pharmacy services in Australia. WardMM's goal is to eliminate medication related harm in our vulnerable older Australians. To this aim, Natalie is dedicated to improving medication management especially in the elderly by helping rationalise the prescribing of medications in this group of individuals and by educating health care professionals in this area.

Natalie is extensively involved in training pharmacists, building the clinical knowledge and skills of future practitioners and runs regular CPD sessions for the pharmacists in her team. Natalie has recently been recognised for her work by receiving the SA Pharmacist of the Year Award 2016 and the AACP Consultant Pharmacist of the Year Award 2017 and last year was awarded the Advanced Pharmacist Practice credential.

Richard Thorpe is a fourth-generation pharmacist who graduated with 1st Class Honours from Sunderland Polytechnic in 1988. He has worked as a Community Pharmacist, Hospital Pharmacist and as a Compliance Pharmacist since coming to Australia in 1997. Richard has been an Accredited Pharmacist since 2002 and has worked full time in Aged Care for the last 5 years. Richard has been employed as a full-time Clinical Pharmacist by Goodwin Aged Care Services since 2018, working across two residential care sites in ACT. Richard initially worked for Goodwin as an on site pharmacist in a six-month study carried out in 2017 by the University of Canberra which looked at the feasibility and cost effectiveness of aged care organisations employing pharmacists onsite. Richard continues to conduct HMRs and is an AACP mentor. He also recently completed a Graduate Diploma in Clinical Pharmacy through University of Tasmania.

Neil Petrie is a consultant pharmacist based in Melbourne, specialising in Quality Use of Medicines (QUM) in the residential aged care setting. His extensive involvement in the residential care environment involves reviewing resident's current medication and providing QUM activities such as education, audits and advice. Neil's company, PRN Consulting, has developed a number of web-based resources supporting the Quality Use of Medicines. Neil has also been involved with projects supporting medicine use within community-based nursing services, past President of the Victorian Asthma Health Educators Association and has served on numerous Medication Advisory Committees in residential aged care, both rural and city and for the National Prescribing Service. Neil was the recipient of the Victorian Pharmacist Medal in 2014, PSA Quality Use of Medicines in Pain Management award 2016 and Australian Association of Consultant Pharmacist award 2019.

Adjunct Associate Professor Steve Morris CEO of NPS MedicineWise

Steve has worked in numerous clinical and leadership roles in the health sector, spanning pharmacy practice, community and hospitals, primary care, industry and NGOs. Before joining NPS MedicineWise, Steve was accountable for the delivery of statewide pharmacy services to the public sector in South Australia, holding dual roles as Executive Director SA Pharmacy, and Chief Pharmacist for SA Health. Originally from the UK, Steve was deputy chief executive of the National Prescribing Centre. He is passionate about quality use of medicines and the implementation of evidence-based practice, including the use of data and electronic health systems to support best health outcomes for people. Steve holds an MBA and MSc in Health Services Research and Technology Assessment.

Rawa Osman Senior Clinical Program Officer at NPS MedicineWise

Rawa holds the position of Senior Clinical Program Officer at NPS MedicineWise, and is currently the Clinical Lead for the national program on Opioids. In this role, she supports the design, build and delivery of NPS MedicineWise programs, including the development and implementation of ChoosingWisely Australia messages as applicable. Rawa is an accredited pharmacist with experience in hospital, research, retail and industry settings. She is passionate about promoting quality use of medicines and reducing low value care.

Anne-Marie Martin Educational Visitor and the Choosing Wisely Health Services Lead at NPS MedicineWise.

Anne-Marie is a Consultant Pharmacist, an Educational Visitor and the Choosing Wisely Health Services Lead at NPS MedicineWise. She provides educational visits on various therapeutic topics to general practitioners and other health professionals, predominantly in the Eastern suburbs of Melbourne.

In her Choosing Wisely role, she coordinates 39 Champion health services across Australia to assist them with implementation of the Choosing Wisely initiative, with the aim of reducing low value care. Anne-Marie has a Master of Public Health with a focus on improving health outcomes from a health systems perspective. In her spare time she enjoys yoga, travelling and speaking Spanish.

Dr Emily Reeve is an Australian NHMRC-ARC Dementia Research Development Fellow and Lecturer of Pharmacy Practice at the University of South Australia. She is also a qualified pharmacist with experience working as a clinical pharmacist in a large tertiary teaching hospital. She completed her doctoral training at the University of South Australia in 2014 and was awarded the medal from the School of Pharmacy and Medical Sciences for her thesis work. She worked as a postdoctoral research fellow at the University of Sydney with the NHMRC Cognitive Decline Partnership Centre, Dalhousie University (NS, Canada) and the University of Saskatchewan (SK, Canada). Dr Reeve's research focuses on deprescribing in older adults and people living with dementia and/or frailty.

Paul Tait is a Content Editor at CareSearch, based out of Flinders University. His major interest is using technology to increase access to evidence based medicines information for primary care clinicians. Paul works on a range of partnering projects including palliAGED and ELDAC providing guidance in medicines issues relating to the care of people with palliative needs. His second job is as a pharmacist within the Southern Adelaide Palliative Services, providing clinical support to pharmacists working in the community. He is also a keen photographer.

Julianna Neill is a community pharmacist who owns four *Pharmacy for Life* stores on the Sunshine Coast. '**Pharmacy for Life** - Better advice for a **healthier life**' represents her personal and professional core values. Experience has shown her the importance of understanding the needs of her community and customers so that the best advice is provided to help people to improve their health and wellbeing.

She has a passion for Quality Use of Medicines (QUM) and aged care, working as a clinical pharmacist performing Home Medicine Reviews (HMR) and Residential Medication Management Reviews (RMMR) in collaboration with local doctors. She services eight Aged Care facilities on the Coast and at Gympie, which is an area of priority for her. She is keen to see more effective collaboration between pharmacy and GPs, as she feels that there are a number of health areas where each group could complement each other rather than work in isolation replicating programs.

Julianna spent five years working for NPS MedicineWise as a Clinical Services Specialist, enabling her to develop skills in critical analysis, health promotion program design, evaluation of health programs and effective communication.

She is a member of the Sunshine Coast District Disaster Management Group – Health Sub-committee and is an active member of the Rotary Club of Caloundra. She has recently resigned from the AHPRA Pharmacy Board of Australia Notifications Committee.

Georgina Woods is a registered pharmacist for over 20 years, she has enjoyed a broad range of roles within the profession, including community (ownership and employment), hospital, education, consultancy, board membership, mentoring and examining. She has been on the PDL NSW Local Advisory Committee for the past three years and has recently been appointed as a Professional Officer for PDL. Georgina also works in community pharmacy, examines for the Pharmacy Board of Australia (AHPRA) and has been conducting Home Medication Review services since 2005. Georgina is an enthusiastic advocate for the pharmacy profession, with a keen interest in risk management, education and assisting colleagues in safe and professional practice.

Dr Ian Scott is currently a consultant general physician and Director of Internal Medicine and Clinical Epidemiology at Princess Alexandra Hospital in Brisbane. He is Professor of Medicine at University of Queensland and currently chairs the Queensland Statewide General Medicine Clinical Network, is the inaugural chair of the Australian Deprescribing Network, and is a member of Queensland Policy and Advisory Committee on new Technology (QPACT) and the Queensland Health Patient Access Advisory Committee. He sits on various committees of the Royal Australasian College of Physicians, the Australian Commission on Quality and Safety in Health Care, and the MBS Review Taskforce for Cardiac Services. He has research interests in health services evaluation and improvement, clinical guidelines, clinical decision-making, evidence-based medicine and quality use of medicines.