



Australian Association of Consultant Pharmacy

Accredited Pharmacists' Forum

Meeting the Challenges of Appropriate Medicines Management in the Older Adult

Wednesday 19 May 2021 9.00am – 5.00pm The Star Gold Coast, Queensland

Learning Objectives

After participating in this activity, pharmacists should be able to:

Shared decision making with the older adult diagnosed with asthma or COPD

- Describe the burden of asthma and COPD on patients
- Define shared decision making
- Demonstrate assessment tools during patient consultations
- Facilitate shared decision making in medication reviews

Prevailing barriers to prescriber uptake of recommendations made by pharmacists on deprescribing PIMs in the older adult

- Describe the differences between 'good' and 'bad' polypharmacy
- Discuss the concept of deprescribing and its common triggers
- Recognise the barriers and enablers to deprescribing
- Describe the factors that hinder uptake of pharmacists' recommendations' for deprescribing by GPs and strategies that might improve the uptake

Tips and traps with glucocorticoids for rheumatic conditions in older adults

- Discuss the prevalence and breadth of treatment indications for glucocorticoid use in the Australian adult community
- Describe the most common and/or significant adverse effects of glucocorticoid use in older adults
- Recognise the adverse cardiovascular impacts of short and long-term glucocorticoid use
- Explain that glucocorticoid therapy has a dose dependent risk of several adverse effects

Complementary medicines use in OA- what does the current evidence say?

- Describe the available evidence supporting complementary medicine use in people with osteoarthritis
- Describe the role of complementary medicines use in people living with osteoarthritis
- Communicate advice to people living with osteoarthritis regarding the quality use of complementary medicines

Glucose Targets for the older adult with type 2 diabetes - achieving the right balance

- Describe factors important to consider in the management of diabetes in the older patient
- Identify signs and symptoms associated with diabetes in the older patient
- Explain the challenges associated with pharmacological management of diabetes in the older patient

Essential information for the person newly diagnosed with type 2 diabetes

- Prepare practical tips for the person newly diagnosed with diabetes
- Identify the needs of the person newly diagnosed with diabetes
- Communicate relevant information to the person newly diagnosed with diabetes

Mapping Complex Pain - A Case Study

- Demonstrate the utilisation of a visual mapping concept in managing complex persistent pain
- Describe the pragmatic application of assessing and treating complex cases utilising a biopsychosocial model of care to improve overall quality of life in those suffering persistent pain
- Discuss the treatment of complex persistent pain using a patient centred prioritised approach and navigate towards current evidence-based recommendations

Complex older patients at the dentist – role of the pharmacist

- Identify perioperative issues for older patients requiring dental work
- Discuss the management of antithrombotic drugs before and after dental work
- Guide on safe use of drugs in renal impairment

Medication Information transfer-examples of tips and traps from practice

- Identify transition from hospital as a high-risk period for medication-related harm
- Explain the shortcomings of medicine information transfer processes involved in patients being discharged from hospital emergency departments and inpatient units
- Identify medicine information transfer issues involved with patients discharged from hospital to RACFs