



ConPharm 2022 Learning Objectives

After participating in this activity, pharmacists should be able to:

DAY ONE

Medication review reports

- Identify the barriers to medicines optimisation
- Describe the key elements of a medication review report
- Discuss relevant key content to be included in a report that will be useful to the referring GP

Engaging people living with dementia to initiate the deprescribing conversation

- Identify the number of deprescribing education materials designed for those with dementia
- Describe the principles of co-design
- Discuss the use of inappropriate medicines in Australian aged care facilities

Medication reviews: outcomes for older Australians accessing aged care services

- Discuss the evidence for RMMRs and HMRs on medication use among recipients of aged care services
- Discuss the evidence for HMRs on health outcomes such as hospitalisations, entry into permanent care and mortality among home care package recipients
- Discuss the evidence for RMMRs on health outcomes such as hospitalisations and mortality among residents of aged care facilities

COVID-19 in people with rheumatic diseases: risks, outcomes & treatment considerations

- Recognise that people with rheumatic disease taking immune treatments have a higher risk of infection with COVID-19 after exposure, although the additional risk is probably small for most conditions and therapies
- Identify that the risk of poor outcomes from COVID-19 infection in those taking immune treatments is mostly determined by comorbidities, treatment with glucocorticoids or rituximab, and high disease activity
- Recognise that people with rheumatic disease should stop taking immunosuppressant medications for 1-3 weeks with positive COVID-19 test results and consider anti-viral treatment in those with risk factors for poor outcome

The pain toolkit for the older person: How accredited pharmacists can empower the older person to live well despite pain

- Describe the myths about ageing and pain in the older person
- Discuss the prevalence and gaps in access to pain management treatment for the older person
- Discuss the current evidence based approach to managing persistent pain in the older person
- Discuss the role of accredited pharmacists in the older person living with persistent pain
- Identify and summarise key resources available to support the role of accredited pharmacists in managing pain in the older person

See behaviour change think pain

- Explain the overlap between pain-related behaviours and Behaviour and Psychological Symptoms of Dementia (BPSD) and why it is important pain as a trigger of BPSD
- Discuss the impact of pain on the occurrence of Behaviour and Psychological Symptoms of Dementia (BPSD)
- Apply the 5 Steps to Pain Management

Achieving meaningful activity goals for older adults-a personal perspective

- Briefly describe the role of an Accredited Exercise Physiologist (AEP)
- Identify nonpharmacological risk factors for falls
- Explain various functional assessments used with older people
- Identify ways to encourage older people with multiple morbidities to remain motivated to adhere to exercise programs

Anticholinergic burden: the unintended consequences for older people

- Identify medicines that contribute to cumulative anticholinergic burden, which may lead to poor patient outcomes
- Recognise signs of anticholinergic burden to better communicate patient symptoms to the multidisciplinary team
- Develop medication management plans that incorporate alternatives to medicines with anticholinergic effects and/or deprescribe to minimise anticholinergic burden
- Implement a person-centred multidisciplinary approach to assessing, managing, and reviewing anticholinergic burden to improve patient outcomes

Medicines and driving-part of Medication Reviews

- Demonstrate the role of medication reviews in reducing the incidence of driving accidents due to prescribed medication
- Describe the classes of prescribed medicines that may cause driving impairment
- Identify information to provide to patients and/or their families about the risk of driving with certain health conditions e.g., post-surgery, epilepsy, dementia, diabetes

DAY TWO

Oral corticosteroid stewardship

- List the benefits and harms associated with oral corticosteroid use
- Describe the benefits and harms of oral corticosteroids with patients
- Summarise appropriate tapering protocol for oral corticosteroids
- Apply rational use of oral corticosteroids in medication reviews

Appropriate use of anticonvulsants in older people

- Describe adverse effects of anticonvulsants common in older people
- Discuss the principles of deprescribing anticonvulsants
- Contribute to improving the quality of use of valproate amongst people living with dementia

Getting the balance right-managing drugs and adverse effects in patients with Parkinson's disease

- Describe the most common adverse effects of commonly used antiparkinsonian medication
- Identify medication related options for the management of medical problems of hospitalised Parkinson's disease patients
- Identify causes of drug induced parkinsonism
- Discuss drugs which are being investigated for use in those with PD

'To Dip or Not to Dip' That is the question

- Identify key issues related to inappropriate antimicrobial use for UTI in RACS
- Explain the current evidence-base around approach to management of suspected UTI in residents in RACS
- Describe how pharmacists can support AMS activities to improve management of UTI in residents

How to approach antimicrobial stewardship in ACFs from a QUM perspective-essentials for accredited pharmacists

- Explain the principles behind Antimicrobial Stewardship
- Identify Quality Use of Medicine AMS opportunities when working within an aged care facility
- Identify quality standards applicable to aged care
- Describe a plan of action for implementing Antimicrobial Stewardship

Contemporary management of migraine

- Describe the medicines currently approved for the acute treatment of and prevention of migraine
- Explain the efficacy and safety of the various medicine options
- Discuss the appropriate management of migraine

Update on T2DM Management and Pharmacy

- Review the evidence that weight management with obesity and persistent hyperglycaemia has on diabetes onset and its complications
- Discuss how guidelines with emerging evidence, influences therapeutic recommendations in T2D
- Describe the rationale for individualising treatment options for differing presentations with common diabetes co-morbidities such as CKD
- Recognise the important role of a pharmacist to support patients with diabetes throughout the life course of the illness

Renal benefits of SGLT2 inhibitors

- Describe the pathophysiological mechanisms of SGLT2 inhibitors
- Discuss the renal benefits of the SGLT2 inhibitors
- Describe the study populations of the CREDENCE AND DAPA-CKD clinical trials
- List the current clinical indications for the SGLT2 inhibitors

To D or not to D: that is the question

- Define severe, mild, and moderate vitamin D deficiency
- Discuss the evidence for fracture risk reduction for vitamin D alone and with calcium supplements
- Examine the probable issues of confounding in observational studies of vitamin D

Think fast talk slow listen always ISOBAR Tool

- Identify common defensive behaviours which impact our ability to collaborate
- Describe the benefits of applying ISOBAR communication framework in practice
- List some practical tips that can be applied to counteract defensive behaviours when managing adversity

Iron deficiency

- Define iron deficiency with or without anaemia
- Explain the most appropriate dosing schedule for oral iron
- Describe the benefits and harms of IV iron

DAY THREE

Is pharmacy vaccination the revolution practice needs?

- Review the development of pharmacist vaccination in Australia
- Identify the elements of pharmacist vaccination program which provide a platform for other opportunities for the profession.
- Describe the underpinning professional and practice drivers influencing administration on medicine
- Recognize the future emerging practice opportunities

Aspirin for Atrial Fibrillation

- Illustrate the benefit and harms of using aspirin for the prevention of stroke in patients with Atrial Fibrillation
- Describe the concept of aspirin resistance and identify some risk factors for this
- Demonstrate to patients and doctors the benefit and harms of using aspirin for the prevention of stroke in patients with Atrial Fibrillation

Oral medication delivery for those with swallowing difficulty

- Apply the International Dysphagia Diet Standardisation Initiative (IDDSI) framework to oral medicines
- Evaluate the safety of liquid oral medicines for people with dysphagia
- Describe options for modifying solid and liquid oral medicines to a suitable form for people who have dysphagia

ACEI/ARB lowering the risk of diabetes

- Explain mechanisms by which ACEI and ARB may influence the development of new onset diabetes
- Describe why ACEI may be preferred over ARB in statin and non-statin users with hypertension, if they can tolerate them

What's in version 2.2 of the Asthma Management Handbook-controversies or not

- Outline guideline changes as listed in Version 2.2 of the NAC Asthma Management Handbook for adults and adolescents to improve the management of asthma
- Explain to patients changes in treatment options for mild asthma and exercise-induced bronchoconstriction

Adacatumab and Alzheimer's disease: the holy grail or clutching at straws?

- Describe the amyloid hypothesis of Alzheimer's disease
- Discuss the uncertainty regarding the clinical effectiveness of drugs that target amyloid
- Describe the controversy involving international marketing approval of aducatumab

Oral anti-virals for mild COVID-19 disease-a need to know tour

- Describe the oral medicines currently approved for the community management of mild COVID-19 illness
- Discuss the safe and effective use of these oral antivirals

Weight Loss Tips to Support Your Patients

- Recognise the importance of earlier intervention for the management of obesity or overweight
- Explain approved treatments for obesity to your patients

2016 Pharmacist Competencies addressed: 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.5, 3.6, 5.3